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Health and Care - Round 1

The health and nutrition of Mini- Europeans

Step 0/Introduction

Step 1

You have been commissioned by an European healthcare committee to propose "the 10 commandments of child lifestyle and nutrition", the 10 key messages you feel should be communicated to parents and careers on giving children the best possible start to life.

With your group, decide what are the key health issues facing the under 12's in your community.

Compile your list and think of how you can justify/back up your ideas. Can you find any information or statistics about this on the Internet?

Write your list of commandments on the document that bears your country's name in the folder called "*National Input*"

Remember: You need to have completed this task by Friday afternoon, May 20th.

Step 2

The objective of this step is to create one list containing the Ten Commandments which are going to be used in the European Campaign.

As you know, this Committee consists of partners in four European countries: Spain, Romania, Norway, and England. Each country has set up a list of ten "commandments" they think should be on the list.

The four different lists have now joined in one document, and the commandments have been loosely organized according to theme. They have also been marked with a special code. You find the document in the

folder named "National Input", but you can also use this link.

Having read this document, your group needs to rethink which you feel are the top ten health and lifestyle messages for the parents of under 12's across Europe. First you discuss this face to face in your own group.

When your group has reached a decision, you are ready to write in a new document you will find in the folder called "Final Selections". Open the document that bears the name of your country. In the text area, write the code number of each commandment you have chosen, and the whole commandment after that. You may find you want use TWO of the commandments listed under one theme as ONE commandment. You are allowed to do so, but you must indicate the code numbers of both sentences.

Deadline: Friday afternoon, May 27th.

Step 3

Final decision on commandments!

Each group has now selected among the 40 commandments presented in Step 1, the 10 they think are most important. Your new selections have been put together into a new document, called "Selection summary", but as you can see, there is still a job to do, because the groups have to agree on a list of only 10 commandments.

How can you do this?

First you need to discuss within your own group. Then you can use the mail list called DISCUSSION (remember to use your country's username and password). Read the comments from the other groups and add your own. Discuss again within your group. Which commandments can be deleted from the list, so that the final list can be limited to 10 commandments?

When you have reached a decision in your group...

... you write it down in the document bearing you country's name in the subfolder called "Final decisions", which you will find in the folder "03_Final selections".

The Spanish group, which will be the last group on line, will write the final document, based on the decisions taken by the four groups. This document, called "The 10 commandments", needs to be written before 6 p.m. on Saturday, June 4th.

Step 4

Congratulations! The European Healthcare commission has accepted your final "Ten Commandments" list.

They have now asked you to create a publicity campaign which will be used to communicate these extremely important messages on health and lifestyle to the adult population of your region.

Among the ten commandments presented on the final list, you can now concentrate on the three commandments that are most relevant to the people of your area. Decide with your group how you feel you could get your message across most successfully to the parents and careers of the under 12's in your particular region. Decide also how long your campaign will be.

Your task in this step is to create three different documents in the folder "Campaign Presentations": A campaign text presentation, a PowerPoint presentation and a budget. Name the documents "(country name)_text", "(country name)_ppt", "(country name)_budget".

First: Describe your campaign in a short document.

Now you must prepare a budget...

You will receive € 10.000 from the European Healthcare commission, but you need to prepare a detailed budget for your campaign. To help you in this process, you have been given a [list](#) of prices for the promotional activities available. Your budget can be presented as an Excel or a Word document.

... and a Power Point presentation

Once you have decided on the elements of your campaign, and set up a budget, you need to create a three slide PowerPoint presentation which demonstrates the following:

- * Your three chosen commandments
- * Your target group for the campaign
- * Your marketing activities.

If possible, add to all three slides an explanation about why you have arrived at these particular decisions.

Your presentation, and those of the other national committees, will be sent to the European commission. It may be a good idea to keep in touch with the other national committees, so that you can get ideas and help from each other. Upload your PowerPoint file to the folder called "Campaign Presentations".

Deadline for this step: Friday afternoon, June 10th.

Step 5

Well done! Now it is time to evaluate your work.

First we would like you to read all the campaign presentations. Then you can use the mail list called "Evaluations" to

- 1) give your opinion about the whole simulation
- 2) give 5, 3 or 1 point to the other groups' campaigns. Let's see who is the winner!

Deadline for this step: June 24th.

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Health and Care - Round 2

Longevity in Europe

Step 1

You are four groups in the UK, Spain, Romania and Norway that are going to cooperate on a project concerning views on longevity. Together you are going to produce a collection of theories and myths about longevity.

Before you start doing the tasks for step 1, please fill in the evaluation sheet 1 for participants. The tutors fill in sheet 1 for tutors.

- Click on the link to the evaluation sheet you need to fill in (tutor or participant)
- Save the document to your hard-disk, and add your name to the name of the document
- Fill in the form and save.
- Upload it to the subfolder in the Evaluation folder that bears the name of your country.

When you have done this, you can go on reading the instruction for the first task in step one.

Deadline for step 1: In the afternoon Tuesday May 9.

Tasks for step 1

First task

An important factor in ensuring successful cooperation in an international project group is that the participants get to know each other, therefore your first task is to communicate and to get to know each other better. This will be the main task in step 1.

- Group UK makes an interview and then a presentation of each of the participants from group RO1
 - Group RO1 makes an interview and a presentation of each of the participants from group NO
 - Group NO makes an interview and a presentation of each of the participants from group ES
 - Group ES makes an interview and a presentation of each of the participants from the group RO2
 - Group RO2 makes an interview and a presentation of each of the participants from group UK
1. Write a **presentation of the group** that you have been assigned according to the plan and upload the group presentation in the document that bears the name of the group you have been assigned in the folder called Group_profile. Each group presentation should include at least this information for each group member:
 - Name and age
 - Profession and work tasks and responsibilities
 - Interests, spare time activities
 Whilst doing this, each group must ensure that they give information about their own group members to the group that will make a presentation about them. Use the mail conference "Presentations" for this. You can upload photos of your group in a common folder called Group_pictures and in a sub-folder that bears the name of your group. Here you can upload groups pictures and individual photos and make them available for the group that is making the presentation of your group. The name of each individual photo must be name_family name.
 2. Each group reads the presentation that has been written about them and comments on errors and information that needs to be clarified or modified.

When you have accomplished this task, you can go on to task 2.

Second task

Make a short description of the situation in your country concerning the average duration of life for men and women, what is considered the most serious threats to the general health of the population in your country and what is the current field of interest when it comes to lifestyle and health related topics. Upload your description in the document that bears the name of your group in the folder called "**Health_and_life**". Use the mail conference "Discussion" if you have questions and comments to the other groups on this.

Deadline: In the afternoon Tuesday May 9.

Please also use the mail conference "Debriefing" to tell the others groups what you think about the work that you have been doing. Please ensure that you have approximately 15 minutes left for this at the end of the day.

Step 2

Health, lifestyle and how to live a long and happy life are major issues being discussed intensely in most European societies. All countries and cultures have ideas of what is believed to lead to a long life, what will increase the quality of your life, and what is supposed to ruin your health and lead to a possible early death. Based on this topic, a project on myths about longevity has been launched. The European Committee of General Well-being and Longevity (ECOWAL) has initiated a project to collect the theories and myths about longevity in different countries in order to establish if there are big differences between the countries on these issues. Before the real project is launched, the Committee wants to run a smaller test project with UK, Romania, Spain and Norway. All countries and cultures have ideas of what is believed to contribute to longevity and these four countries are considered to be quite different. A pilot project with the mentioned countries should produce some interesting findings.

There are no evaluation sheets this week.

Tasks for step 2

Task 1

Each group presents **5 theories** based on scientific research about what is supposed to lead to longevity. Each

theory should be expressed shortly, but you are asked to add an explication/documentation as to why this theory is supposed to lead to longevity. You may also add links to websites in English to back up your explanation/documentation.

You can use a maximum of 3 photos to illustrate your theories but all the photos have to be relevant to the theories they are supposed to illustrate.

Post your theories in the document that bears the name of your group in the folder "Theories".

Task 2

Each group presents **5 myths** about what leads to longevity based on traditions, superstition, folklore and other non-scientific and irrational backgrounds. Each myth should be expressed shortly, but you are asked to add an explanation as to why this myth is/was supposed to lead to longevity and also some information as to the origin of the myths, if possible. You can also add links to websites in English if you want to.

You can use a maximum of 3 photos to illustrate your myths. All the photos have to be relevant to the myths they are supposed to illustrate.

Post your myths in the document that bears the name of your group in the folder "Myths".

Deadline: In the afternoon Tuesday May 16.

Please also use the mail conference Debriefing to tell the others groups what you think about the work you have been doing. Please see to it that you have approximately 15 minutes left for this at the end of the day.

Step 3

The ECOWAL committee has read the total of 25 theories and 25 myths with great interest. The committee was delighted to discover the great variety that exists. The Committee has now decided to publish a selection of the theories and myths found in the different countries but it considers 25 theories and 25 myths will be too many. Therefore the Committee has asked the groups in the pilot project to reduce the number of myths to a more reasonable number.

At the end of the day, please fill in the evaluation sheet 3 for participants. The tutors fill in sheet 3 for tutors. The evaluation sheets can be found in the folder "Evaluation".

Tasks for step 3

Negotiations . . .

In this step, there will be two tasks for you. You will have to work on the two tasks at the same time but in different mail conferences.

The theories

In this step you are asked to reduce the number of theories from 25 to 17. To do this, you have to read through the national documents with the theories that were created last week. Then you have to negotiate with the other groups which 17 theories will be in the final selection. You can agree to put together two of the theories to one theory if they are very similar to each other, but be careful to use the national code of the theories (for example: NO2 + RO1_4). You can also reduce the number of theories by taking some theories away (again: use the national codes).

Criteria for the selection of the 17 theories to be published:

- That they are based on evidence that you can refer to. For example medical or scientific research.
- That they are not too similar

Use the mail conference "Negotiation_theories" for this negotiation. Please remember to indicate in the subject line which theory (-ies) you are discussing.

The myths

You are also asked to reduce the number of crazy myths from 25 to 17 and you have to read through the national documents with myths from last week and negotiate with the other groups to do this. Through negotiations with the other groups you can agree on putting together two myths to one myth or you can take myths away. Remember always to indicate the national codes of the myths.

Criteria for the selection of the 17 crazy myths to be published:

- The crazier, funnier and more irrational the better
- That they are not too similar

Use the mail conference "Negotiation_myths" for this negotiation. Please remember to indicate in the subject line which myth (-s) you are discussing.

Final selection of theories and myths

Both mail conferences will be closed at 14.00 p.m. (CET) and one group will be assigned the task of summarizing the remaining 17 theories in the document "**Final_selection**" in the folder "Theories".

Another group will be assigned the task of summarizing the remaining 17 myths in the document "**Final_selection**" in the folder "Myths". The mail conferences will be opened again at 15.00 p.m. (CET).

Hopefully you have enjoyed yourselves and are not completely exhausted by the end of the day . . .

Deadline: In the afternoon Tuesday May 23.

Please also use the mail conference Debriefing to tell the others groups what you think about the work you have been doing. Please see to it that you have approximately 15 minutes left for this at the end of the day.

Step 4

The ECOWAT committee is pleased to see to which extent the groups are able to collaborate and agree in a short time on the results of step 3 and to see that there are so many similarities especially in the theories, and wants the groups to make a presentation of some of the theories and myths at the annual European Longevity Conference. For the ECOWAT committee to receive funding to implement the main project after this pilot project, it is important that the presentations are creative and persuasive.

There are no evaluation sheets this week.

Task for step 4

In this step you are going to make a PowerPoint presentation of theories and myths.

- Please read the criteria below carefully:
Each group is asked to make a PowerPoint presentations with 3 slides
- The PowerPoint presentation must appear as a thematic whole: there must be coherence, a thematic link, between the theories and myths you choose and also between the 3 slides you create in your PowerPoint presentation
- Each slide should contain as a minimum 1 theory or myth and as a maximum 3 theories or myths but the 3 slides together can not contain more than totally 7 theories or myths.
- You can select your theories and myths freely in the two final selection lists from step 3 and you can also combine theories and myths as you like in your PowerPoint presentation and also in each single slide
- Each slide should have at least one picture

Use the mail conference "PowerPoint" if you need to consult the other groups. Upload your presentation in the folder called "PowerPoint" and put the name of your group on your presentation (For example: PowerPoint_UK).

Explain in a separate document to the other groups **what is the theme for your PowerPoint presentation** and why you have chosen this theme and the particular theories and/or myths. Use the document that bears the name of your group_theme (for example NO_theme) in the folder "PowerPoint" for this. Use the mail conference "PowerPoint" if you have questions and comments about the other groups' PowerPoint

presentations or explanations.

Enjoy your work with the PowerPoint . . .

Deadline: In the afternoon Tuesday May 30

Please also use the mail conference Debriefing to tell the others groups what you think about the work you have been doing. Please see to it that you have approximately 15 minutes left for this at the end of the day.

Step 5

The ECOWAL committee has now high hopes of receiving funding for launching the big European project on theories and myths about health and longevity. The Committee is so pleased with the work done in the pilot project that in order to keep up the motivation for this kind of work, it has decided to give some well deserved awards to the groups who participated in the pilot project. But the groups will have to *compete to receive an award*.

At the end of the day, please fill in the evaluation sheet 5 for participants. The tutors fill in sheet 5 for tutors. The evaluation sheets can be found in the folder "Evaluation". Please post your evaluation sheets in this folder and in the subfolder that bears the name of your group.

Tasks for step 5

There are 4 different kinds of competitions for you in this step. Please post your votes in mail conference that bears the name of your group, for example Vote_UK.

1. Award for the Best Documented Theory

Examine the the final selection of theories (but not your own unless it has been merged with an other group's suggestion) and their justifications from step 2 and agree on which theory you will award 7 points to (1st place), which one you will award 5 to (2nd place) and which you will award 2 points to (3rd place). You can only give points to 3 theories. You should award your points according to how good you find the theories in terms of being a well explained or documented theory, based on medical or scientific facts.

Please also write a short explanation justifying your vote.

2. The Craziest and Most Unbelievable Myth

Examine the final selection of myths (but not your own unless it has been merged with an other group's suggestion) and their justifications from step 2 and find out which myth you will award 7 points to (1st place), which you will award 5 to (2nd place) and which you will award 2 to (3rd place). You can only give points to 3 myths. Give your points according to how good you find the myths in terms of being completely irrational and crazy.

3. Award for the Best Presentation

Examine the PowerPoint presentations (but not your own) and agree on which one you will award 7 points to (1st place), which one you will award 5 points to (2nd place) and which you will award 2 points to (3rd place). The criteria are: that the presentation is the most creative, attractive, aesthetic and original and at the same time representative for the myths it presents and loyal to the criteria stated in step 4. A last criterium is that it has a good explanation as to why these theories and myths were chosen.

4. Award for the Best Single Photo to illustrate the Theories and Myths.

Examine the photos used in the PowerPoint presentations (not your own) and descriptions of theories and myths (not your own) closely and agree on which photo you will award 7 points to (1st place), which one you will award 5 to (2nd place) and which you will award 2 to (3rd place). You can only give points to 3 photos.

Remember: You need to have completed this task by Tuesday afternoon, June 6.

Please also use the mail conference "Debriefing" to tell the other groups what you think about the work you have been doing. Please see to it that you have approximately 15 minutes left for this at the end of the day.



Tourism and Accommodation - Round 1

European bids

Step 0

You are the five groups in the UK, Spain, Romania and Norway that are going to cooperate on a project on developing tourism. Together you are going to develop a plan for tourism and apply for a grant from the European Union for your project plan.

Each group will describe an area of their choice in their own country. Since one of the aims of this tourism project is to increase employability in an area which needs alternative and additional work places to the more traditional ones, you are asked to choose an area which is not already an established tourist resort.

Tasks for step 0:

Make a presentation of your group with pictures

Choose an area in your country that you would like to develop for tourism. Describe it in terms of geography, climate, population etc and what it can offer to tourists.

Write your description in the document that bears your group's name in the folder called "**Area description**"

Remember: You need to have completed this task by:

Norwegian group: Friday afternoon, October 28.

All the other groups: Friday afternoon, November 4

At the end of the day, if you like, you can write some words in your group's logbook about how your day has been.

There is also a mail conference called Debriefing where you can tell the others groups what you think about the work you are doing.

Step 1

A group of 10 European people on a teambuilding trip are coming to the areas you have chosen in the UK, Spain, Romania and Norway. They are going to stay for 4 days in your area and you are to plan 6 activities for this group. This group is coming to your areas to do teambuilding activities so you have to plan suitable activities for them.

Here is some information about your target group that is coming to your areas:

They are between 18 and 35 years old, they are people who like to do rough things like participating in outdoor activities and learning about traditional ways of living, but they are also open-minded young people and do not mind surprises. They are also interested in the environment and they want to have an environmental profile to their teambuilding trip.

Tasks for step 1

Decide on the 6 activities that you want the teambuilding group to participate in. Describe them in as much detail as possible and present them in a document that bears your group's name in the folder called "**Activities**".

Remember: You need to have completed this task by:

Friday afternoon, November 11

At the end of the day, if you like, you can write some words in your group's logbook about how your day has been.

There is also a mail conference called Debriefing where you can tell the others groups what you think about the work you are doing.

This week there are no evaluation sheets to be filled in.

Step 2

The European Commission has announced a reduction in the planned budget for this project and cannot support all the activities you have planned. The Commission also wants a stronger focus on environmentally friendly activities and on the other criteria listed below. The Commission kindly asks you to reduce the total number of activities by 8 so that you end up with 22 activities in total.

Task:

Read and study all the proposed activities and discuss and negotiate with the other groups which 8 activities should be removed.

Since you (the groups) are working with this on two different days, you will have to organize the work in this way:

The groups in the UK and in Romania: You will have to reduce the activities of your two countries by a total of 5. You will have to decide which activities should be removed through discussions and negotiations with each other.

The groups in Spain and Norway: You will have to reduce your activities by a total of 3. You will have to decide which activities should be removed through discussions and negotiations with each other.

The activities have to be reduced according to one or more of these criteria:

- The least environmental friendly
- The least suited for team-building activities
- Not at all corresponding to the interest of the group
- Not loyal enough to the initial description of the area
- Not too much similarity in the activities

If you find it necessary, please discuss with the other groups how to make the remaining activities more environmentally friendly, more suited for teambuilding, more in accordance with the interests of the groups and the initial description of the area.

Please post your documents in the folder called Reduction and in the subfolder that bears the name of your group. There is a mail conference called Discussion that you can use for this task.

Remember: You need to have completed this task by:

Groups in Romania and UK: By Monday afternoon, November 14

Groups in Spain and Norway; By Wednesday afternoon, November 16

At the end of the day, if you like, you can write some words in your group's logbook about how your day has been.

There is also a mail conference called Debriefing where you can tell the other groups what you think about the work you are doing.

Please fill in the evaluation sheets by the end of the day: Eval_02_part and Eval_02_tutor. You find them in the Evaluation folder.

Step 3

The Commission has asked each group to make a **PowerPoint presentation** where they present 3 of the remaining team-building activities. One of the reasons behind this request is that such a presentation will make it easier for the Commission to grasp the idea in this project and also to compare this tourism project to other, similar projects being currently developed. In order to ensure an objective and sober presentation of the activities, the Commission asks the groups to make a presentation of the activities of one of the other groups instead of their own activities.

The Commission also plans to give a prize for the best presentation as well for the best tourism plan.

Tasks for step 3:

You are asked to make a power point presentation of 3 of the activities that another group has created. Make no more than one slide per activity and each slide must include a photo. The rest of the content is up to the groups. The creation of power point presentation will go like this:

UK: choose 2 of Unirea's (RO) and 2 of Edrocast's (RO) activities

RO Edrocast: choose 3 of UK's activities

RO Unirea: choose 3 of UK's activities

SP: choose 3 of NO's activities

NO: choose 3 of SP's activities

Please use the mail conference called Power_point to discuss with the other groups:

If there are more than 3 remaining activities, discuss which activities are to be presented

Ask for clarifications as to what the activities are about

Ask for and give guidelines as to what you would like to include in the Power point presentation

Please post your documents in the folder called Power_point and in the subfolder that bears the name of your group.

Remember: You need to have completed this task by:

Groups in Romania and UK: By Monday afternoon, November 21

Groups in Spain and Norway; By Wednesday afternoon, November 23

There is also a mail conference called Debriefing where you can tell the others groups what you think about the work you are doing.

At the end of the day, if you like, you can write some words in your group's logbook about how your day has been.

Step 4

You have done very well! The Commission is very pleased with your work and you will receive the grant. In addition, the Commission wants to award some prizes and you will find the criteria below.

There are 3 different kinds of competitions for you in this step:

Two for the activities that are presented in the power point presentation (by another group)

One for the power point presentations you have created.

Tasks for step 4:

You are now asked to read through and compare the activities that can be found in the power point presentations. A special message to Edrocast and Unirea: Since both of you have only had 2 of your activities presented by the UK group, both of you are asked to identify a third activity to join the competitions number 1 and 2. Please tell which activity you have selected in the "Voting" mail conference and please do it as soon as possible when you start working on Monday.

You are also going to examine the power point presentations very closely.

The voting will be secret, please put your vote in the "Vote" mail conference with the name of your group on it and please explain your voting. You cannot give points for your own activities.

Use the mail conference called "Voting" for general discussion.

These are the rules and criteria for the competition:

Competition number 1 - Comparing activities:

Examine all the activities (but not your own) and find out which activity will get your 7 points (best score), which one will get 5 (2nd place) and which will get 2 (3rd place). You can only give points to three activities. You give points according to how good you find the activities in terms of **environmental friendliness**.

Please write a short explanation justifying your vote. In this competition you will have to go back to the original description of the activities in the folder "Activities" and have a closer look at them.

Competition number 2 - Comparing activities:

Examine all the activities (but not your own) and find out which activity will get your 7 points (best score), which one will get 5 (2nd place) and which will get 2 (3rd place). You can only give points to three activities. You give points according to how good you find the activities in terms of **teambuilding**.

Please write a short explanation justifying your vote. In this competition you will have to go back to the original description of the activities in the folder "Activities" and have a closer look at them.

Competition number 3 - Comparing Powerpoint presentations:

Give 7 (the best score), 5 or 2 points to the power point presentation you think are the best one and please write a short explanation justifying your choice. The criteria for this competition are that the presentation is **the most creative, attractive, esthetical, original and the same time representative for the activities it presents. It should also be according to the criteria for the power point presentations.**

There will be 3 winners in this competition and they will be announced on this Telsi environment as soon as the results are ready.

Remember: You have to complete this task by:

Groups in the UK and Romania: By Monday afternoon, November 28

Groups in Spain and Norway: By Wednesday afternoon, November 30

At the end of the day, if you like, you can write some words in your group's logbook about how your day has been.

There is also a mail conference called Debriefing where you can tell the others groups what you think about the work you are doing.

Please fill in the evaluation sheets by the end of the day: Eval_04_part and Eval_04_tutor. You find them in the Evaluation folder.

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Tourism and Accommodation - Round 2

European bids

You are five groups in the UK, Spain, Romania (two Romanian groups) and Norway that are going to cooperate on a EU supported project on developing alternative tourism. Together you are going to develop a plan for tourism and apply for a grant from the European Union for your project plan. Each group will describe an area of its choice in its own country. The aims of this tourism project are to create new ways of increasing employability in a chosen area and to present new and alternative activities for tourists.

Before you start doing the tasks for step 1, please fill in the **evaluation sheet 1** for participants. The tutors fill in **sheet 1** for tutors.

- Click on the link to the evaluation sheet you need to fill in (tutor or participant)
- Save the document to your hard-disk, and add your name to the name of the document
- Fill in the form and save.
- Upload it to the subfolder in the Evaluation folder that bears the name of your country.

After doing this, read the instructions for your first task in Step 1.

Remember: all tasks for Step 1 need to be completed by late afternoon on Wednesday, March 1st.

Step 1, task 1:

One important factor to ensure successful cooperation in an international project group is that the participants get to know each other, therefore your first task is to communicate and get to know each other.

- Group NO makes an interview and then a presentation of the group UK
 - Group UK makes an interview and a presentation of the group ES
 - Group ES makes an interview and a presentation of the group RO2 (Unirea)
 - Group RO2 (Unirea) makes an interview and a presentation of the group NO
1. Write a presentation of the group that you have been assigned according to the plan in a document that bears the name of your group in the folder called "Presentations". Each group presentation should

include at least this information for each group member:

- Name and age
- Profession and work tasks and responsibilities
- Interests, spare time activities

While doing this, the groups must also see to that they give information of its own group members to the group that will make a presentation of them. Use the mail conference "Presentations" for this. You can upload pictures of your group in a common folder, "Group_photos" and in a sub-folder that bears the name of your group. Here you can upload group pictures and individual pictures and make them available for the group that are making the presentation of your group. The name of each individual photo must be name_family name.

2. Each group read the presentation that has been written about them and comment upon errors and information that needs to be clarified and modified.
3. Read the group presentations thoroughly. Try to remember who is who. Get to know the people in the other groups. During the whole project period you should have communicated with at least one person (but more if you like) from each of the other groups on her or his interests.

After you have completed this task, you can go on to Task 2.

But remember: Task 1 is the most important one in this step! You should be working with this one at least until lunch!

Step 1, task 2

Choose an area in your country that you would like to further develop for tourism. Describe it by briefly answering the questions below:

- Geography: Where exactly is it and what is the landscape like (lakes, forests, mountains etc)?
- Climate: What is the climate like – winter, summer, dry weather or rainy etc.
- Population: How many people live in this area?
- Economical life: Industrial area, agricultural area or others?
- Tourism: What is the potential for tourism?

You can illustrate your document by uploading maximum two pictures from the area.

Write your area description in the document that bears the name of your group in the folder called "Area description".

Remember: The first task is more important than the second task.

Step 2

A group of 10 Europeans are coming on a round trip to the areas you have chosen in the UK, Romania, Spain and Norway. They will stay for 3 days in each area and you have to plan 5 activities for this group. The aim for the roundtrip is to strengthen the group feeling within the group of the 10 Europeans. In order to achieve this, you have to plan 5 activities suitable for teambuilding for the group.

Here is some information about the target group that is coming to your area:

They are between 18 and 35 years old, they are people who like to do rough and adventurous things, like outdoor activities, learning about traditional ways of living by doing it, but they are also open-minded and like

surprises. They are also interested in environment and want to have an environmental profile to their teambuilding trip.

There are no evaluation sheets this week.

Tasks for step 2

1. Decide on the 5 activities you want the teambuilding group to participate in from what you know about this group. The 5 activities have to be spread over the 3 days the group is staying. Describe the activities in as much detail as possible and present them in a document that bears your group's name in the folder called "**Activities**".
2. Use maximum 2 photos per activity.
3. Make the budget (in euros) for the day you think will be the most expensive one. Upload your budget, it can be an excel sheet or a table in Word, in the subfolder "**zBudgets**" in the "Activities" folder. Call your document "Budget_ES", Budget_RO_Edrocast etc.

There is a mail conference called "Debriefing" where you can tell the other groups what you think about the work you have been doing. Please see to it that you have approximately 15 minutes left for this at the end of the day.

You need to have completed this task by Wednesday afternoon, March 8

Step 3

The European Commission has announced a reduction in the planned budget for this project and cannot support all the 25 activities you have planned. The Commission also wants a stronger focus on environmentally friendly activities and on the other criteria listed below to support the tourism plan. The Commission wants you to decide on the reduction yourselves and kindly ask you to reduce the total number of activities by 8 so that you end up with 17 in total.

At the end of the day, please fill in the *evaluation sheet 3* for participants. The tutors fill in *sheet 3* for tutors.

Tasks for step 3:

Read all the proposed activities thoroughly. Discuss and negotiate with the other groups which 8 activities should be removed. You are supposed to use good argumentation related to the criteria listed below to justify why certain activities should be removed. The groups that own the attacked activities are supposed to use equally good argumentation about the reasons why their activities should be kept. Try to trade activities against activities. Use your creativity to this purpose as well. Please use the mail conference "Discussion" for the discussions and negotiations.

The activities have to be reduced according to one or more of these criteria:

- The least environmentally friendly
- The least suited for team-building activities
- Not at all corresponding with the interests of the teambuilding group
- Not loyal enough to the initial description of the area
- Too much similarity in the activities
- The one day budget, is it good value for money? (see table **Cost_of_living** for help)

Important:

At 2pm GMT you will no longer have access to the "Discussion" mail conference. One of the groups will be

assigned the task to summarize the output of the discussion and to make a list of the 8 activities that have been mentioned most frequently as activities that should be left out. They will make sure that each group has a minimum of 2 activities left of their initial 5. The list of **rejected activities** will be published in a document called "Left_out" in the folder "Reduction". This list will be ready at 3pm GMT. When you have read the list, you can continue the discussion, is for example the list representative of the previous discussion?

Please make a summary of the activities you have left in the document that bears the name of your group in the folder "Reduction".

Remember: You need to have completed this task by Wednesday afternoon, March 15

Please also use the mail conference Debriefing to tell the others groups what you think about the work you have been doing. Please see to it that you have approximately 15 minutes left for this at the end of the day.

Step 4

The Commission asks each group to make a power point presentation where they present 2 of the remaining team-building activities so that the Commission can more easily compare this tourism project to other, similar development projects. In order to ensure an objective and sober presentation of the activities, the Commission asks the groups to make a Power Point presentation of the activities created by one of the other groups instead of their own activities.

There will be a prize for the best presentation as well for the best tourism plan.

There are no evaluation sheets this week

Tasks for step 4:

You are asked to make a Power Point presentation of 2 of the activities that another group has created, see the document "**Final decision**". in the folder "Reduction". Make no more than one slide per activity and each slide must include a photo. The rest of the content is up to the groups. You will have to communicate to decide on which 2 activities should be included in the power point presentation and preferably also to clarify as what the activities are about, guidelines etc.

The creation of power point presentations will go like this:

- RO_Edrocast makes a Power Point presentation of ES's activities
- NO makes a Power Point presentation of RO_Edrocast's activities.
- RO_Unirea makes a Power Point presentation of UK's activities
- UK makes a Power Point presentation of RO_Unirea's activities
- ES makes a Power Point presentation of NO's activities

Use the mail conference "Power_Point" for communication.

Additional task:

To each slide you are going to make notes for the presentation of the activities, use the facility in Power Point that allows you to write **notes**. And remember: The Commission needs to be convinced so you have to sell these activities. Use your creativity!

Present your power point presentations in a document that bears your group's name in the folder called "Power_Point".

Remember: You need to have completed this task by Wednesday afternoon, March 22

Please also use the mail conference "Debriefing" to tell the others groups what you think about the work you have been doing. Please see to it that you have approximately 15 minutes left for this at the end of the day.

Step 5

You have done very well! The Commission is very pleased with your work and you will receive the grant. In addition, The Commission wants to award you some prizes and you will find the criteria below.

At the end of the day, please fill in the **evaluation sheet 5** for participants. The tutors fill in **sheet 5** for tutors. The evaluation sheets can be found in the folder "Evaluation".

Tasks for step 5:

There are 4 different kinds of competitions for you in this step. Please post your vote and the explanation for your vote in the mail conference that bears the name "Vote" and the name of your group, for example: "Vote_UK"

1. Award for the Most Environmentally Friendly Activity

Examine all the activities (but not your own) and find out which activity will get your 7 points (1st place), which one will get 5 (2nd place) and which will get 2 (3rd place). You can only give points to 3 activities. You give your points according to how good you find the activities in terms of environmental friendliness.

Please also write a short explanation justifying your vote. In this competition you will have to go back to the original description of the activities in the folder "Activities" and have a closer look at them.

2. Best teambuilding Activity Award

Examine all the activities (but not your own) and find out which activity will get your 7 points (1st place), which one will get 5 (2nd place) and which will get 2 (3rd place). You can only give points to 3 activities. You give your points according to how good you find the activities in terms of teambuilding. Please also write a short explanation justifying your vote. In this competition you will have to go back to the original description of the activities in the folder "Activities" and have a closer look at them.

3. Economy Award

Here you are supposed to compare the budgets made by each group and to vote for the budget that gives most value for money. Please have a look at the list of average income, prices of some elementary products and services in each country to get an impression of the level of income and costs in order to give a justified vote.

4. Award for the Best Presentation

Examine the power point presentations (but not your own) - notes included; will they contribute to convince the Commission? You give 7 points to the best one, 5 points to the second best one and 2 points to the third best. Please write a short explanation to justify your choice. The criteria for this competition are that the presentation is the most creative, attractive, esthetical and original and at the same time representative for the activities it presents.

Please also write a short explanation justifying your vote.

Remember: You need to have completed this task by Wednesday afternoon, March 29.

Please also use the mail conference Debriefing to tell the other groups what you think about the work you have been doing. Please see to it that you have approximately 15 minutes left for this at the end of the day.